All participants of Personal & Professional Learning Physical Fitness classes must agree to the terms of the *Schoolcraft College Waiver of Liability – Fitness Classes* at the time of registration:

» If registering online, check box to signify agreement immediately after payment is made.
» If registering by mail or walk-in, review waiver (below) before registering. Your registration signifies agreement to the waiver terms.

A doctor's review of your health is advised before starting an exercise program.

SCHOOLCRAFT COLLEGE
Waiver of Liability - Fitness Classes

In consideration for being allowed to participate in this activity, which I do freely and voluntarily for my own personal benefit, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors and assigns to:

A. Waive, release and discharge from any and all liability Schoolcraft College, its elected and appointed officials, employees, students, agents, and volunteers for my bodily injury, death, disability, personal injury, property damage, or property theft, or actions of any kind which may hereafter accrue to me.

B. Indemnify and hold harmless Schoolcraft College, its elected and appointed officials, employees, students, agents, and volunteers, from any and all liabilities or claims made by other individuals or entities as a result of or relating to my participation in this activity.

I know that there may be risks associated with fitness classes and willingly accept those possibilities. I know that it is my responsibility to ensure my own safety. I take full responsibility for my own health and safety in participating in the fitness class and to the extent I deem advisable, will consult a physician before participating in any of the activities. I agree to pay all reasonable costs related to the classes, including any medical costs I incur. Therefore, intending to be bound and as a condition of being allowed to participate in the fitness class, I have freely agreed to this waiver at the time of registration.